



WARNING:

Do not drink or gargle with the CytoLyt solution. CytoLyt solution contains buffered methanol and may be fatal or cause blindness if swallowed.

PROCEDURE:

- A. Label the container and the requisition form with:
 - 1. Patient name
 - 2. Date of birth
 - 3. Clinician's name
 - 4. Date of collection
- B. Collect an early morning cough (before breakfast).
- C. Inhale deeply and cough up sputum.
- D. Spit directly into the container.
- E. Screw the cap on tightly and shake the container.
- F. Repeat throughout the day until you have collected 2 -3 deep coughs in the same container.
- G. Return the labeled specimen container and completed requisition form to Community Hospital.
- H. Check in through the front of the hospital so we can gather information to bill your insurance company.

NOTE:

If you have difficulty in producing sputum, Respiratory Therapy (970 644-3440) can assist you by giving you an aerosol breathing treatment.