



WARNING:

Do not drink or gargle with the CytoLyt solution. CytoLyt solution contains buffered methanol and may be fatal or cause blindness if swallowed.

PROCEDURE:

- A. Label the container and the requisition form with:
 1. Patient name
 2. Date of birth
 3. Clinician's name
 4. Date of collection
- B. DO NOT USE FIRST MORNING URINE.
- C. Clean your genital area using the following procedure:
 1. Males:
 - a. Clean the tip of your penis with the cleansing towelette.
 - b. Dispose of the towelette in the trash.
 2. Females:
 - a. Sit on the toilet and use fingers of one hand to separate and hold open the folds of skin in your genital area.
 - b. Clean the urinary opening with the towelette, moving from front to back.
 - c. Dispose of the towelette in the trash.
- D. Open the collection container, do not dispose of the liquid inside.
- E. Begin urinating into the toilet for several seconds, then begin collecting the mid-portion of the urine flow into the container.
- F. Fill container until the urine is about equal to that of the fixative.
- G. Tightly screw cap on the container.
- H. Shake the container to mix the urine and fixative.
- I. Return the labeled specimen container and completed requisition form to Community Hospital.
- J. Check in through the front of the hospital so we can gather information to bill your insurance company.
- K. Call pathology (970 644-3282) with any questions.