

Patient Instruction Sheet

SEMEN ANALYSIS AND POST-VASECTOMY SPECIMEN COLLECTION

1. Avoid ejaculation for 2 to 7 days prior to specimen collection. Masturbation without lubricants is the only acceptable method of collection. ***Specimens collected by any other method will be rejected.***
2. Collect a single ***entire*** ejaculate into a clean, dry plastic container. Do not use condoms, spermicides or lubricants.
3. Label specimen with your full name, birth date, and date and time of collection.
4. **For Infertility Testing deliver specimen to laboratory within 30 minutes of collection.** Keep specimen as close to body temperature as possible. Do not let specimen get too hot or too cold. (For example, keep container in a pocket close to your body.) See below for Post-Vasectomy acceptable time limits.
5. **Due to testing personnel constraints, the laboratory can *only* accept specimens for analysis Monday through Friday, 8:00 AM until 3:00 PM (excluding holidays). If unable to deliver specimen during these hours, contact the laboratory to make special arrangements.**
 - In the Salt Lake City area, **ONLY** the Intermountain Central Laboratory can accept complete Semen analysis testing. Mon-Sat. 8 am-6pm (excluding holidays). **See detailed instructions and Map.**
 - **Intermountain facilities that test for both Infertility and Post-Vasectomy's samples:** American Fork, Cassia Regional, Cedar City Hospital, Dixie Regional, Central Lab, Logan Regional, McKay-Dee and Utah Valley Hospital.
 - **Intermountain facilities that test ONLY Post-Vasectomy samples:** Alta View, Garfield Memorial, Bear River Valley, Delta Community, Heber Valley, LDS, Park City Hospital, Riverton Hospital, Salt Lake Clinic and Sevier Valley Hospital.
6. Contact your clinician for results and interpretation. Please do not call the laboratory for results. Your clinician is the best person to explain and interpret the meaning of test results.

Patient Information

Important: Bring this form when delivering specimen to the laboratory.

Please fill out the following:

Patient Last Name _____ First Name _____

Patient Date of Birth ____/____/____

Clinician _____

Date of Collection _____ Time of Collection _____:_____ AM / PM

Reason for Analysis (check one):

<input type="checkbox"/> Infertility Name of associated female (for infertility only - optional) _____ <input type="checkbox"/> Not applicable	<input type="checkbox"/> Post-Vasectomy (Preferable to have specimen to the lab within 90 minutes of collection)	<input type="checkbox"/> Other (describe) _____ _____
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Was the specimen collected by masturbation without lubricants? Yes ☐ No ☐

Type of specimen container: ☐ Sterile plastic cup (recommended) ☐ Other (describe) _____

Days of abstinence _____

Were there any collection or specimen transport problems? (For example, specimen not kept warm during transport, did not collect entire specimen, etc.): ☐ No Problems ☐ Problems (describe) _____

If you have any questions, please contact your clinician or the laboratory client services 801-507-2110

Detailed Instructions and Map for Intermountain Central Laboratory

Specimen Processing for complete Semen Analysis, NOT for Post-Vasectomy Testing

1. Pre-register **before** collection of sample, preferably the day before.
Call Registration at 801-442-8600 **Mon-Fri 8am-6pm**
2. Document your Account number given by registration on your semen analysis Requisition/Order form, from your clinician.
3. Bring following directly to Central Laboratory Specimen Processing:
 - A. **Properly Labeled** specimen **for complete Semen Analysis** only.
 - B. **Completed** patient instruction and information form.
 - C. **Requisition/Order** from clinician. (**Paper copy preferred**, or fax order to 801-507-2315)
 - D. **Photo ID** for verification of the person dropping off the specimen.

For questions call Central Laboratory Customer Service at 801-507-2110.

4. Park on North side of Central Laboratory. Park under the parking canopy, in the “courier” parking stalls. Note: Central Laboratory is the most Southern building on the Intermountain Medical Center campus.
5. Enter the glass sliding doors, by pressing the “call button”. Take elevator or stairs to 2nd floor. Specimen Processing is located just a few steps south from elevators or stairs; they routinely deal with these types of specimens and are there to help you with the process and questions. Before leaving, the Specimen Processing employee will check your sample for proper labeling and completeness of patient information form.

