



Saliva (Neat) Collection Instructions for Pre-Procedural Testing

Do not eat, drink, brush your teeth, use mouth wash, chew gum, chew tobacco, vape or smoke 30 minutes before collection.

Kit items: Conical collection tube, biohazard bag with absorbent pad, alcohol wipe, specimen label

- The absorbent pad inside the biohazard specimen bag must remain in the bag. Do not use or remove from the bag.
- Some items within the kit are considered choking hazards. Keep out of reach of children.

1 Prepare for saliva (drool) collection

- Clean your hands with soap and water or hand sanitizer.
- Wipe off any lipstick, lip balm, or makeup around your mouth.
- Allow drool to collect in mouth for 2-3 minutes.



2 Fill the tube with saliva (drool)

- Place your lips gently on the vessel opening, and carefully drool saliva into the collection vessel. Collect drool from the front of your mouth only. Do not clear your nose or throat.
- Repeat until 2 mL of liquid (not including bubbles) has been collected. Note: Do not collect sputum or thick mucus-only saliva.



3 Recap the collection vessel

- Screw on the cap TIGHTLY to ensure that your sample does not leak during transportation.



4 Sanitize

- Wipe down the saliva tube with an alcohol wipe. Allow to air dry for 15-20 seconds.
- Place in the biohazard bag. Do not remove or use the absorbent pad included in the bag.



5 Drop of sample to lab location

- Return sample to designated Intermountain Lab location. Follow signs at each location for drop-off instructions.

DO NOT REMOVE ABSORBENT
PAD FROM BAG