



Saliva Collection Instructions

Do not eat, drink, brush your teeth, use mouth wash, chew gum, chew tobacco, vape or smoke 30 minutes before collection.

Kit items: Conical collection tube, biohazard bag with absorbent pad, specimen label

- The absorbent pad inside the biohazard specimen bag must remain in the bag. Do not use or remove from the bag.
- Some items within the kit are considered choking hazards. Keep out of reach of children.

1 Prepare for saliva (drool) collection

- Clean your hands with soap and water or hand sanitizer.
- Wipe off any lipstick, lip balm, or makeup around your mouth.
- Allow drool to collect in mouth for 2-3 minutes



2 Fill the tube with saliva (drool)

- Place your lips gently on the vessel opening, and carefully drool saliva into the collection vessel. Collect drool from the front of your mouth only. Do not clear your nose or throat
- Repeat until 2 mL of liquid (not including bubbles) has been collected.
Note: Do not collect sputum or thick mucus-only saliva.



3 Recap the collection vessel

- Screw on the cap TIGHTLY to ensure that your sample does not leak during transportation.



4 Label the tube

- Label the specimen using provided label. The label must include: patients full legal name with last name first, followed by the legal first name (ex: Doe, Jane), date of birth, and date and time of collection.
- Place labeled specimen in the biohazard bag. Do not remove or use the absorbent pad included in the bag.

Name:	Doe, Jane
DOB:	10/19/1980
Date/ Time:	12/2/20 9:00 am



DO NOT REMOVE ABSORBENT
PAD FROM BAG