

# Clinical Laboratory Special Update

## GLUCOSE TOLERANCE TEST (GTT)

Effective Friday, April 12, 2024

### UCHealth South Region Providers:

Effective immediately, UCHealth OP Laboratories will only be offering the traditional glucose beverage as the glucose source for GTT testing. Other alternative glucose sources to include, but not limited to, candies such as jellybeans, Twizzlers, or Fresh Test beverages will NOT be administered as an approved glucose source. Click link for more information provided by the ADLM: [Performing Glucose Tolerance Testing in Pregnancy | myADLM.org](https://myADLM.org)

Test Name	Glucose Tolerance Test
Acceptable Specimen	Preferred: One 4.5 mL Green top with gel (PST) (lithium heparin plasma). Acceptable: One 5.0 mL Gold with gel (SST), (clot activator serum) or One 4.0 mL Grey Top - Na Fluoride
Specimen Stability	Ambient: $\leq 24$ hours Refrigerated: $\leq 7$ days Frozen: $\leq 1$ year
Preparation	Traditional glucose beverage will be used as the glucose source.
Performed	Sunday through Saturday
CPT	82952

For any questions about this test update, please contact:

Roman Cruz, MLS (ASCP), Laboratory Support Services Manager [Roman.Cruz@uchealth.org](mailto:Roman.Cruz@uchealth.org)

Issued: 4/12/24