

# Clinical Laboratory Test Update

## UCHealth South Region Laboratories

### Change in Performing Lab for Testosterone Free and Total, Adult Male or Individuals on Testosterone Hormone

Effective Date: 7.1.2026

**Test:**

LAB173 Testosterone Free and Total, Adult Male or Individuals on Testosterone Hormone to ARUP Test #2004246

**Issues:** This test has been delayed at ARUP due to multiple issues including reagent/supply and instrument issues. The Turn Around Time (TAT) has been at least 7-10 days for the past 1 + year, and now the delay has increased to 12-18+ days due to these issues in addition to increased volume of samples per ARUP.

This has been causing delays in patient care, and in some cases causing patients to have to get redrawn.

**Solution:** Temporary change from ARUP to Mayo (Mayo test code TGRP). IT ticket has been put in to have these two tests on the same LAB# so that it will accession to Mayo over ARUP. The methodology is the same.

**NOTE: Sample type will now be red, NO GEL tubes.** The Mayo test does not accept gel tubes. The volume required is 2.5ml serum/ refrigerated. Minimum volume is 1ml but strongly discouraged to send only the minimum volume as this does not allow for repeat testing, which then could lead to test being canceled.

Please email Lab Sendouts Department with questions: [labmhssendouts@uchealth.org](mailto:labmhssendouts@uchealth.org) or call MHC Sendouts at 719.365.2626.