Nasal Swab Collection Instructions (Healthcare Professional)

1. Complete the patient label. Record the following patient details on the label in ink. Set aside until collection is complete (**see image A**):
   a. First name and Last name
   b. Date of Birth
   c. Date of Collection (DOC)
   d. Time of Collection (TOC)

2. Loosen the cap on the tube but do not remove the cap from the tube.

3. Remove swab from wrapper (**see image B**).

4. Swab both nostrils (**see image C**).

5. After swabbing both nostrils, remove the cap from the tube and place the swab into the media.

6. Vigorously swirl the swab in the media. Perform this swirling for at least 10 seconds.

7. Slowly pull the swab out of the liquid until it is resting on the inside of the tube with no media around it.

8. With pressure, twirl the swab against the inside of the tube to squeeze as much liquid as possible out of the end of the swab and into the tube.

9. Discard the used swab in an appropriate waste container.

10. Replace the cap back onto the tube.
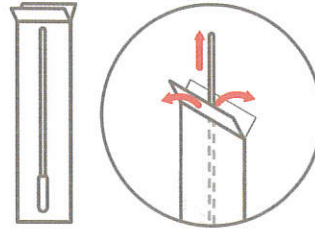
11. Tighten the cap until secure.

12. Place label around the middle of the tube, ensuring that the label does not overlap with the tube lid (**see image D**).

13. Place sample in bag with absorbent pad and seal bag.

14. Store samples at 2-8°C until ready for transport to lab.
   a. Note: All sample collected during the day, should be sent to the lab on that same day
   b. All sample must be returned to Exact Sciences Laboratories per the Shipping Instructions

A.

Joe Smith
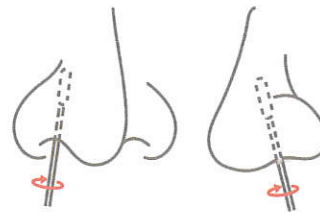1/1/1960
3/26/2020
06:00 AM

B.

Open Nasal Swab

Remove the nasal swab from the wrapper by pulling the two ends of the wrapper apart (like you would to open a band-aid).

Be careful to only touch the swab handle, not the swab tip.

C.

Swab Nose

Gently insert the **entire** soft tip of the swab into one nostril until you feel a bit of resistance and rub it in a circle inside the nose **4 times**.

Next, gently insert **the same swab** into the other nostril and rub it around the same way.

D.

Joe Smith
1/1/1960
3/26/2020
06:00 AM

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Images B and C courtesy of ©2020 Audere