



To Our Valued Providers & Staff

This letter serves as an important reminder and update regarding the proper collection procedure for **first-catch urine specimens** used in **Chlamydia and Gonorrhoeae by PCR (CTNG)** and **Chlamydia and Gonorrhoeae w/ Trichomonas Vaginalis by PCR (CTNGT)** testing. To ensure the highest accuracy and diagnostic sensitivity, please review and follow the collection guidelines outlined below:

Urine Specimen Collection Guidelines for CTNG and CTNGT testing

- **Timing of Urination:**
 - The patient should **not urinate for at least 1 hour prior** to specimen collection.
- **Cleansing Instructions:**
 - **Female patients:** Do **not** cleanse the **labial area** prior to collection.
 - **Male patients:** Do **not** cleanse the **tip of the penis** prior to collection.
- **Type of Specimen:**
 - A sterile urine collection container should be used.
 - Collect the **first-catch urine** (the first 20-50 mL of the urinary stream) in sterile urine container provided.
- **Specimen Transport**
 - Deliver specimen to the lab/courier ASAP. ***Delay in delivery could result in test cancellation if specimen is determined to be past stability.***
 - Unpreserved urine is stable at Room Temperature for 24 hours after collection.
 - If unable to deliver to the lab within 24 hours. Unpreserved urine specimens are stable Refrigerated for up to 8 days after collection.

These instructions are essential to avoid dilution or removal of cellular material that contains target organisms, which could potentially result in **false-negative** test results. Thank you for your continued partnership and commitment to high-quality patient care.

Testing/Collection Questions?

Please contact the Salem Health lab for any testing questions at:
Regional Lab Micro/Molecular #: (503)-814-1662
West Valley Lab #: (503)-917-2088
Client Services Phone #: (503)-814-5227

**Proper Urine Specimen Collection Guidelines for:
Chlamydia & Gonorrhoeae by PCR and
Chlamydia & Gonorrhoeae w/ Trichomonas Vaginalis by PCR**