**The following information explains the requirements for post vasectomy semen analysis**. **Please review the collection instructions and complete the form below.**

Patient Instructions for Semen Collection

1. To ensure that a fully qualified technologist will be available to perform the necessary tests on the patient’s specimen, the patient must call the laboratory at 720-516-0190 to schedule an appointment.

* **Note**: A period of abstinence of two to seven days is to be observed before the specimen is collected. This includes ejaculation by any means.

1. The semen specimen must be produced by masturbation. No lubricant of any kind may be used.
2. The entire ejaculate must be collected in a clean screw-cap container provided by your physician or the laboratory. Because most condoms contain spermicidal chemicals, their use for this purpose is to be avoided.
3. Write first name, last name, and date of birth and date and time of collection on the specimen container.
4. The specimen must be delivered to the laboratory within **two hours** of collection.
5. Temperature extremes during transit must be avoided (that is, less than 70ºF or greater than 100ºF). Patients can most conveniently avoid temperature extremes by carrying the container close to their person.

**Complete the information on the form below, place the form and specimen container in the bag, bring to the outpatient laboratory at Highlands Ranch Hospital.**

**Semen Analysis Specimen Information Form**

Patient’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Collection: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Time Specimen was produced: \_\_\_\_\_\_\_\_\_\_\_

Days of abstinence: \_\_\_\_\_\_ Was the specimen collected by masturbation? 󠄗󠄗Yes 󠄗󠄗 No

Does the cup contain the entire specimen (complete ejaculate)? 󠄗󠄗 Yes 󠄗󠄗 No

Was the specimen kept close to the to the body during transport? 󠄗󠄗Yes 󠄗󠄗 No

Patient Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The information provided above is true and complete.

Time specimen was delivered to the lab: \_\_\_\_\_\_\_\_\_\_\_\_ Initials: \_\_\_\_\_\_\_\_\_\_\_\_ (lab use only)