

Glucose Challenge OB (1-Hour Screening)

Collection & Labeling Instructions

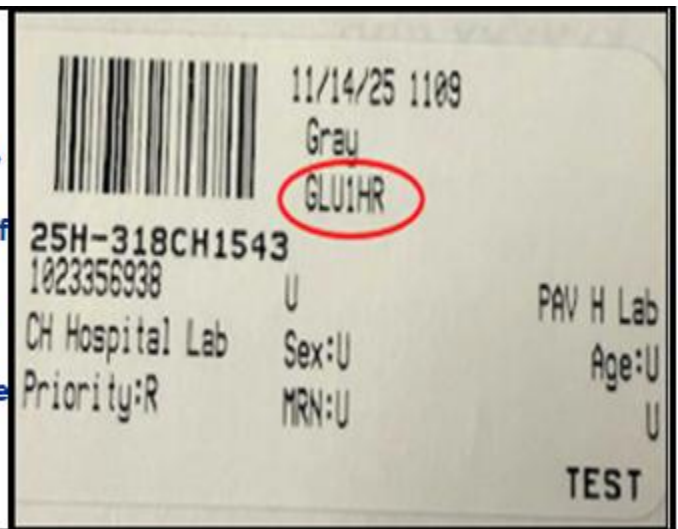
Glucose challenge testing is typically performed between 24-48 weeks. It is a single venous blood collection collected 1-hour post glucose dose loading and is used to diagnose gestational diabetes.

Please contact the lab (3-5431) to obtain the 1-hour Glucose Tolerance collection kit

Collection kit includes: 50g glucose drink, (1) gray top collection tube, and labeling instructions

***Fasting prior to glucose ingestion is NOT required**

1. Check expiration date of glucose drink prior to giving to the patient. Drink may be chilled to make it more palatable.
2. Patient must consume glucose drink, in its entirety, within a 5-minute interval.
3. The timing of the test begins with the completion of the glucose drink.
4. The patient may have ONLY water during this test. No other food or drink allowed.
5. Exactly 1-hour after the patient finishes the glucose beverage, collect the 1-hour sample and apply the GLU1HR label (see image) to gray top tube .
6. Immediately send 1-hour sample to the lab.



**** If patient vomits at any time during the test, notify the physician for further instructions for potential cancellation of test. ****


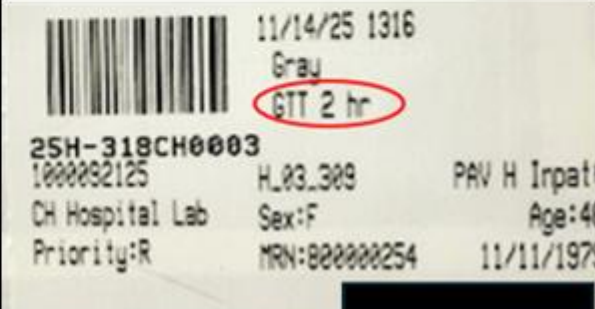
Glucose Challenge OB (2-Hour Screening)

Collection & Labeling Instructions

Glucose tolerance testing is a series of venous blood collections with specific collection intervals. Please contact the lab (3-5431) to obtain the 2-hour Glucose Tolerance collection kit

Collection kit includes: 75g glucose drink, (4) gray top collection tubes, and labeling instructions

Patient must be NPO for AT LEAST 8-hours prior to fasting sample collection

<ol style="list-style-type: none">1. Collect fasting, venous sample and apply GTT Fasting label (see image) to gray top tube.2. Immediately send fasting sample to the lab.3. Check the expiration date of glucose drink prior to giving to patient. Drink may be chilled to make it more palatable.4. Patient must drink 75g glucose drink, in its entirety, within a 5-minute interval.5. Patient MAY NOT eat or drink for the duration of testing.	 <p>11/14/25 1357 Gray GTT Fasting 25H-318CH0006 1000092134 A_01_23 PAV A Inpat* CH Hospital Lab Sex:F Age:63 Priority:R MRN:800000684 11/4/1962</p>
<ol style="list-style-type: none">6. Exactly 2-hours after patient finishes glucose drink, collect the 2-hour sample and apply the GTT 2 hr label (see image) to gray top tube.7. Immediately send 2-hour sample to the lab.	 <p>11/14/25 1316 Gray GTT 2 hr 25H-318CH0003 1000092125 H_03_309 PAV H Inpat* CH Hospital Lab Sex:F Age:46 Priority:R MRN:800000254 11/11/1979</p>

**** If patient vomits at any time during the test, notify the physician for further instructions for potential cancellation of test. ****

Glucose Challenge OB (3-Hour Screening)

Collection and Labeling Instructions




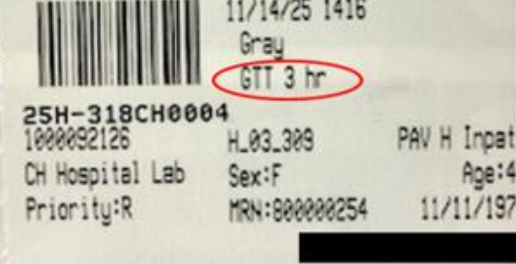
Glucose testing is a series of blood collections with specific collection intervals.

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venous

Please contact the lab (3-5431) to obtain the 3-hour Glucose Tolerance collection kit

Collection kit includes: 100g glucose drink, (4) gray top collection tubes, and labeling instructions

Patient must be NPO for AT LEAST 8-hours prior to fasting sample collection

<ol style="list-style-type: none">1. Collect fasting, venous sample and apply GTT Fasting label (see image) to gray top tube.2. Immediately send fasting sample to the lab.3. Check the expiration date of glucose drink prior to giving to patient. Drink may be chilled to make it more palatable.4. Patient must drink 100g glucose drink, in its entirety, within a 5-minute interval.5. Patient MAY NOT eat or drink for the duration of testing.	 <p>11/14/25 1357 Gray GTT Fasting 25H-318CH0006 1000092134 A_01_23 PAV A Inpat* CH Hospital Lab Sex:F Age:63 Priority:R MRN:800000684 11/4/1962</p>
<ol style="list-style-type: none">6. Exactly 1-hour after patient finishes glucose drink, collect the 1-hour sample and apply the GTT 1hr label (see image) to gray top tube.7. Immediately send 1-hour sample to the lab.	 <p>11/14/25 1216 Gray GTT 1 hr 25H-318CH0002 1000092124 H_03_309 PAV H Inpat* CH Hospital Lab Sex:F Age:46 Priority:R MRN:800000254 11/11/1979</p>
<ol style="list-style-type: none">8. Exactly 2-hours after patient finishes glucose drink, collect the 2-hour sample and apply the GTT 2 hr label (see image) to gray top tube.9. Immediately send 2-hour sample to the lab.	 <p>11/14/25 1316 Gray GTT 2 hr 25H-318CH0003 1000092125 H_03_309 PAV H Inpat* CH Hospital Lab Sex:F Age:46 Priority:R MRN:800000254 11/11/1979</p>
<ol style="list-style-type: none">10. Exactly 3-hours after the patient finishes the glucose drink, collect the 3-hour sample and apply the GTT 3 hr label (see image) to gray top tube.11. Immediately send 3-hour sample to the lab.	 <p>11/14/25 1416 Gray GTT 3 hr 25H-318CH0004 1000092126 H_03_309 PAV H Inpat CH Hospital Lab Sex:F Age:44 Priority:R MRN:800000254 11/11/197</p>

**** If patient vomits at any time during the test, notify the physician for further instructions for potential cancellation of test. ****