

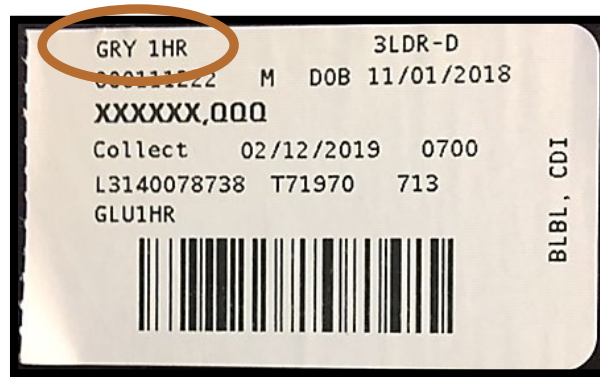
## Glucose Challenge OB (1-hour screening test) Collection & Labeling Criteria

Glucose challenge testing is typically performed between 24-28 weeks. It is a single venous blood collection collected at a specific time, 1-hour post glucose ingestion, and is used for diagnosing gestational diabetes.

Please contact the lab (3-5431) to obtain the 1-hour Glucose Tolerance collection kit.

*Collection kit includes: 50 gram glucose drink, (1) grey container and collection & labeling instructions.*

**Fasting prior to glucose ingestion is NOT required.**



1. Check expiration date of glucose drink prior to giving to the patient. Drink may be chilled to make it more palatable.
2. Patient shall drink glucose drink, in its entirety, within a 5-minute interval.
3. The timing of the test begins with the completion of the glucose drink.
4. Patient is allowed to drink water during the test, but nothing else is permitted.
5. Exactly 1-hour after the patient finishes the glucose drink, collect the 1-hour sample and label with the **GRY 1HR** (Grey 1-hour) GLU1HR label
6. Send 1-hour sample immediately to the lab

**\*\*If patient vomits at any time during the test, notify the physician for further instructions regarding cancellation of the test.\*\***