

Glucose Tolerance OB (3-hour test) Collection & Labeling Criteria

Glucose tolerance testing is a series of venous blood collections with specific time points.

Please contact the lab (3-5431) to obtain the 3-hour Glucose Tolerance collection kit.

Collection kit includes: 100 gram glucose drink, (4) grey containers and collection & labeling instructions.


Patient must be NPO for at least 8-hours prior to collecting the fasting venous blood sample.

GRY FST A11J225A
00011222 M DOB 11/01/2018
XXXXXX,000
Collect 01/16/2019 0755
L3130104531 W39397 713
GT0B
BIBL, CDI




1. Collect fasting, venous sample and label with the **GRY FST** (Grey Fasting) label.
2. Send fasting sample immediately to the lab.
3. Check expiration date of glucose drink prior to giving to the patient. Drink may be chilled to make it more palatable.
4. Patient shall drink glucose drink, in its entirety, within a 5-minute interval.
5. Patient shall NOT eat or drink for next 3 hours during test.

GRY 1HR A11J225A
00011222 M DOB 11/01/2018
XXXXXX,000
Collect 01/16/2019 0755
L3130104528 W39397 713
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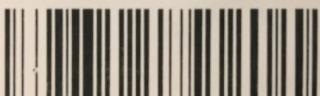
6. Exactly 1-hour after the patient finishes the glucose drink, collect the 1-hour sample and label with the **GRY 1HR** (Grey 1-hour) label
7. Send 1-hour sample immediately to the lab.

GRY 2HR A11J225A
00011222 M DOB 11/01/2018
XXXXXX,000
Collect 01/16/2019 0755
L3130104529 W39397 713
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8. Exactly 2-hours after the patient finishes the glucose drink, collect the 2-hour sample and label with the **GRY 2HR** (Grey 2-hour) label
9. Send 2-hour sample immediately to the lab.

GRY 3HR A11J225A
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XXXXXX,000
Collect 01/16/2019 0755
L3130104530 W39397 713
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10. Exactly 3-hours after the patient finishes the glucose drink, collect the 3-hour sample and label with the **GRY 3HR** (Grey 3-hour) label
11. Send 3-hour sample immediately to the lab.

****If patient vomits at any time during the test, notify the physician for further instructions regarding cancellation of the test.****