






Offsite Collection Guide - Ryan White Program

Order Code/Test Number	Test Name	Collected	Preferred Container	Preferred Collection Volume	Specimen Preparation	Offsite Collection Instructions	Minimum Volume	Storage/Transport Temperature
HCVVL	Hepatitis C Quantitative RNA by PCR, Blood	Collect 10 mL red container, allowing blood to fill to the fill-line.	 Red (10 mL) Container	10.0 mL whole blood	1.0 mL serum aliquotted	Whole blood specimens may be held at 2-30° C for up to 6 hours prior to centrifugation. Serum aliquots must be transported on dry ice.	0.7 mL aliquotted serum	Serum aliquots must be transported on dry ice.
RPR	Rapid Plasma Reagin	Collect Gold-SST container, allowing blood to fill to the fill-line.	 Gold - SST Container with gel	2.0 mL whole blood	Mix by inversion. Specimen should be centrifuged within 2 hours of collection, with a minimum of 0.5 mL serum in primary container.	Mix by inversion. Specimen should be centrifuged within 2 hours of collection, with a minimum of 0.5 mL serum per test in primary container. Keep container upright after centrifugation, transporting at room temperature.	0.5 mL serum	Transport in primary container at room temperature.
HEC	Hepatitis C Antibody	Collect Gold-SST container, allowing blood to fill to the fill-line.	 Gold - SST Container with gel	2.0 mL whole blood			0.5 mL serum	Transport in primary container at room temperature.
BMPL	Basic Metabolic Panel, Plasma	Collect green container, allowing blood to fill to the fill-line.	 Green PST - Lithium Heparin Container with gel	2.0 mL whole blood			0.5 mL plasma	Room temperature
CMP	Comprehensive Metabolic Panel, Plasma	Collect green container, allowing blood to fill to the fill-line.	 Green PST - Lithium Heparin Container with gel	2.0 mL whole blood	Mix by inversion. Specimen should be centrifuged within 2 hours of collection, with a minimum of 1.0 mL plasma in primary container.	Specimen should be centrifuged within 2 hours of collection, with a minimum of 1.0 mL plasma in primary container. Keep container upright after centrifugation, transporting at room temperature.	0.5 mL plasma	Room temperature
LIPID	Lipid Profile, Plasma	Collect green container, allowing blood to fill to the fill-line.	 Green PST - Lithium Heparin Container with gel	2.0 mL whole blood			0.5 mL plasma	Room temperature
TSH	Thyroid Stimulating Hormone, Plasma	Collect green container, allowing blood to fill to the fill-line.	 Green PST - Lithium Heparin Container with gel	2.0 mL whole blood			1.0 mL plasma	Room temperature
HEM	Hemogram, Blood	Collect lavender container, allowing blood to fill to the fill-line.	 Lavender - K2EDTA	2.0 mL whole blood	Mix by inversion. Check visually for clot.	Specimen should arrive at lab within 23 hours of collection (room temperature) or 47 hours at 2° to 8°C in primary container.	250 µL whole blood	Room temperature
HA1C	Hemaglobin A1C	Collect dark purple container, allowing blood to fill to the fill-line.	 Dark Purple - K+EDTA Container	1.0 mL whole blood	0.2 mL whole blood	Transport to laboratory in the primary container at room temperature.	0.2mL whole blood	Room temperature
T4T8E	Lymphocyte Subset Enumeration, TBNK	Collect dark purple container, allowing blood to fill to the fill-line.	 Dark Purple - K+EDTA Container	4.5 mL whole blood	Mix by inversion. Check visually for clot.	Transport to laboratory in the primary container at room temperature.	0.5 mL whole blood	Transport in the primary container at room temperature. Do NOT refrigerate.
HIVVL	HIV Quantitative RNA by PCR	Collect pearl PPT container, allowing blood to fill to the fill-line.	 Pearl PPT - K2EDTA with gel	5.0 mL whole blood, EDTA	Mix by inversion. Specimen should be centrifuged within 6 hours of collection.	Plasma must be separated within 6 hours of collection, aliquotted , and transported frozen on dry ice.	0.8 mL aliquotted EDTA plasma	Plasma aliquot must be transported on dry ice.
CTRPCR & NGOPCR	Chlamydia Trachomatis by PCR & Neisseria Gonorrhoeae DNA by PCR, urine	Urine level must be filled in the multicollect container until it appears in the fill-window.	 Multicollect container	Urine level must be filled in the multicollect container until it appears in the fill-window (3.0 mL).		Transport to laboratory in the Multicollect container at room temperature.	3.0 mL urine	Transport at room temperature
XUA/UAR	Urinalysis	Collect random urine in sterile container and transfer to the UA preservative container, allowing urine to fill to the fill-line. Container should be filled between the min and max fill-lines.	 UA preservative container	7.0 - 9.0 mL urine	Invert container 8-10 times to ensure the preservative is well mixed with the urine.	Transport to laboratory in UA preservative container at room temperature. Specimen stable at room temperature for 72 hours, if in preservative container.	7.0 - 9.0 mL urine	Transport at room temperature