

# Outpatient Stool Collection Instructions

- Collect stool sample in the provided stool collection pan “hat”.
- The stool sample collection kit will include a yellow, black, or white/clear lidded container.
- If you have the yellow or the black container, remove the lid and use the attached spoon to scoop specimen from the hat into the container. **Please do not use the same spoon to scoop into multiple containers.**
- If you have a white/clear container, you should have been provided a sterile tongue depressor. For the white/clear container only, use this to scoop the sample into the container.
- Documenting the date and time the sample was collected is very important information that must be included.
- Samples in a black or yellow lidded container **CANNOT** be refrigerated or frozen, due to the chemical preservative already in the container. Please do not spill or pour out the preservative.
- Samples in the black or yellow containers need to be delivered back to the lab within 2 hours of collection.
- Samples in a white/clear lidded container can be refrigerated or frozen, if necessary, for up to 48 hours.
- Deliver samples back to the lab. The person at the check-in desk will verify your name and birth date with the information on the sample container(s).



Date of collection: \_\_\_\_\_

Time collected: \_\_\_\_\_

Please note: Preservatives used are not for consumption. DO NOT DRINK. If ingested accidentally, contact poison control immediately.