

Clean Catch Midstream Urine Specimen

PURPOSE OF TEST:

Your doctor has ordered a test which requires you to collect a midstream urine specimen. A carelessly collected urine specimen could give inconclusive results that require a repeat collection, thus delaying treatment, or could cause the wrong treatment to be given. In order to correctly determine whether or not any infecting organisms are present in the urine, the specimen must be free of any contaminating organisms which might be present around the genital region. It is therefore important to collect a clean-catch urine.

COLLECTION OF SPECIMEN:

1. Obtain the collection cup from the laboratory. Ensure your name and DOB are correct on the container.
2. Wash your hands thoroughly with soap and warm water.
3. If provided, open the antimicrobial towelette and wipe the external genital area.
4. Open the collection cup without touching the inside of the cup or lid.
5. Collect the sample by beginning to void into the toilet. While voiding, move the container into the stream of urine to collect the sample. Fill the cup approximately one half full. Finish urinating into the toilet.
6. Close the container tightly and bring to the laboratory immediately. If transport is delayed, please refrigerate sample, and deliver to laboratory within 2 hours.

IF YOU HAVE ANY QUESTIONS ABOUT THESE INSTRUCTIONS, PLEASE ASK THE TECHNICIAN OR NURSE BEFORE COLLECTING THE SAMPLE.

