ARNOT HEALTH POLICY & PROCEDURE MANUAL

POLICY #: LS.PAL.0256 (Previously VII.iii.1350) Page 1 of 1 **TITLE: RANDOM URINE COLLECTION DATE OF ISSUE:** 8/29/06 DATE(s) OF REVISION: 2/23/18 DATE(s) OF REVIEW: SEE BELOW APPROVAL: Dr. Lenhardt, MD, PhD 8/29/06 Noemi Bentley, MT 8/29/06 FACILITIES COVERED: AOMC ☐ AMS SJH IDMH OWNER(S): LABORATORY, CLA SUPERVISOR TITLE: RANDOM URINE COLLECTION A routine urinalysis includes physical, chemical and microscopic analysis of the specimen. Specimens for routine urinalysis should be collected in chemically clean, sterile containers with tight lids. Urines for culture and sensitivity can be collected at the same time, but transferred to a separate container with preservative, if available. 1. Label the container with patient's first and last name and date of birth prior to giving it to the patient. The label must not be placed on the lid. 2. Direct the patient to the out patient restroom. 3. Instruct the patient to collect a midstream specimen: a. The patient begins to void (urinate) into the toilet. b. The urine flow is interrupted and the specimen is collected in the container. c. The last of the urine is again voided into the toilet. d. The lid must be tightly sealed to avoid urine from spilling. 4. Write your Collector Code, date and time of collection on the label. Prepared by: Noemi Bentley, CT 8/29/06 Approved By: Terence Lenhardt, MD, PhD 8/29/06 **CLA Supervisor** Medical Director Reviewed by: NB 1/11/07, NB 8/1/08, NB 6/16/09, NB 8/3/10, NB 8/2/11, NB 8/9/12, NB 8/12/13, NB 8/11/14, NB 8/10/15, NB 8/10/16, NB 9/11/17, NB 03/14/18 Revised: Added labeling procedure. NB 2/23/17

MEDICAL DIRECTOR

CLA SUPERVISOR

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