



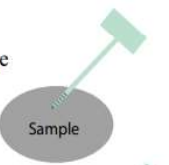


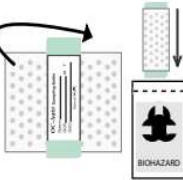
## Stool Testing Collection Instructions

### OC-FIT Stool Collection

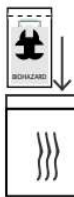


#### Sample Deposit

1. Place supplied collection paper inside toilet bowl on top of water.
2. Deposit stool sample on top of collection paper.
3. Collect sample from stool before paper sinks and stool sample touches water.
4. Flush. Collection paper is biodegradable and will not harm septic systems.

#### Sample Collection

1. Label sampling bottle with name, date of birth, and collection date.
 
2. Open green cap by twisting and lifting.
 
3. Scrape the surface of the fecal sample with the sample probe.
 
4. Cover the grooved portion of the sample probe completely with stool sample.
 
5. Close sampling bottle by inserting the sample probe and snap green cap on tightly. Do not reopen.
 
6. Wrap sampling bottle in absorbent pad and insert into plastic bag. Proceed to Mailing Instructions below.
 

#### Mailing Instructions

1. Record stool collection date on the test requisition and insert into the mailing envelope, together with the plastic bag containing the sampling bottle and absorbent pad. Please include ALL paper work from your doctor with the sample in the return mailing envelope.
 
2. Peel tape from flap.
 
4. Press firmly to seal. Promptly (within 24 hours of collection) place in the US Mail for delivery directly to the laboratory.
 

PN XXXXX-00

### Other Stool Testing (Culture, Ova and Parasites, etc.)

Stool Collection Instructions

<b>If the request is for:</b> <ul style="list-style-type: none"> <li>&gt; O&amp;P Antigen Screen</li> <li>&gt; Stool Culture</li> </ul>		<b>Transport Media Needed:</b>  <b>C&amp;S Media</b> (C&S = Culture & Sensitivity) (ORANGE CAP)  <b>Store at Room Temperature</b>
<b>If the request is for:</b> <ul style="list-style-type: none"> <li>• Worms</li> <li>• O&amp;P Travel</li> </ul>		<b>If the request is for:</b> <ul style="list-style-type: none"> <li>• Microsporidium</li> <li>• Cyclospora/Isospora</li> </ul>
<b>Transport Media Needed:</b> <b>EcoFix</b> (DARK GREEN CAP)		<b>Transport Media Needed:</b> Pink Para Pak 
<b>If the request is for:</b> <ul style="list-style-type: none"> <li>• C. difficile PCR/Toxin</li> <li>• Fecal Lactoferrin</li> <li>• Fecal WBC</li> <li>• H. pylori Stool Ag</li> <li>• Fecal Fat</li> <li>• Fecal pH</li> <li>• Fecal Chemistries</li> <li>• Rotavirus</li> </ul>		<b>No Transport Media Needed</b>  <b>Clean Vial</b> (WHITE CAP)  <b>Refrigerate at 2 - 8 °C</b>

1. Place paper/clear wrap or large mouth container over toilet opening
2. Pass the stool sample into paper/wrap/container
3. Using the spoon attached to the cap of the specimen vial, spoon sample from multiple areas of the sample into the vial (fill specimen vial to "Fill Line")
4. Carefully mix stool and fluid with the spoon
5. Replace cap tightly and shake vigorously for 30 seconds
6. Repeat for any additional specimen vials
7. Place specimen vials (labeled) into biohazard bag

**\*\*\* REMEMBER TO LABEL ALL SAMPLE CONTAINERS WITH YOUR FULL NAME, DATE OF BIRTH AND DATE OF COLLECTION \*\*\***

SS 01/25/2023