

# Stool Collection Instructions

*Your provider has ordered tests that require the collection of a stool sample.*

- If your provider has specified that more than one sample be collected, do not collect more than one sample in a 24 hour period.
- Stool samples contaminated with barium, soap, disinfectants or urine will not be accepted.
- It is strongly advised that you pick up a stool collection kit from your provider or from the laboratory prior to collecting the sample.

You can obtain a stool collection kit from your provider or at one of our labs:

## BOZEMAN HEALTH DEACONESS REGIONAL MEDICAL CENTER

931 Highland Blvd., Suite 3205 | Floor 2 | Entrance 3  
Monday – Friday | 7:30 a.m. to 4 p.m.

937 Highland Blvd., Suite 5130 | Floor 1 | Entrance 5  
Monday – Thursday | 7 a.m. to 5:30 p.m.  
Friday | 7 a.m. to 5:30 p.m.  
Saturday | 8 a.m. to Noon

## BOZEMAN HEALTH LABORATORY SERVICES

120 North 19th Avenue, near Main St.  
Monday – Friday | 7 a.m. to 3:30 p.m.

## BOZEMAN HEALTH BELGRADE CLINIC

206 Alaska Frontage Road | Suite 1000  
Monday – Friday | 7:30 a.m. to 5 p.m.

## BOZEMAN HEALTH BIG SKY MEDICAL CENTER

334 Town Center Avenue, Big Sky  
7 days a week | 8 a.m. to 7 p.m. (holidays included)

If you have any questions, feel free to contact the laboratory at 406-414-1010.  
We are open 24 hours, 7 days a week.

**CAUTION:** The vials for stool collection may contain liquid. The liquid in the vials is poisonous. Don't drink them. Keep them out of reach of children. If accidental ingestion occurs, contact Poison Control Center, have label and package information near.

## The following STOOL TESTS have been ordered by your provider:

- Please follow the collection instructions and place a stool sample in the appropriate container(s).
- Stool must be added to container within 30 minutes of passage.
- Wash hands thoroughly following collection.

**IMPORTANT: Please refrigerate sample  
Deliver to lab within 24 hours.**

**STOOL CULTURE GI Panel by PCR  
GIARDIA ANTIGEN | CRYPTOSPORIDIUM**



**OVA AND PARASITE**



**C. DIFFICILE FECAL FAT, Qualitative | OCCULT BLOOD  
FECAL LEUKOCYTES | H. PYLORI ANTIGEN | CALPROTECTIN**



### Please follow all collection instructions carefully:

1. Collect the stool sample in a wide mouth container or you can place a plastic bag/wrap over the toilet seat opening. This prevents the stool sample from falling into the toilet bowl.
2. Do not mix urine or toilet water with the stool sample.
3. Each collection vial contains a scoop attached to the vial cap. Using the scoop, place 1-3 teaspoons of stool from areas which appear bloody, slimy, or watery into the vial until the contents rise to the red line. If the stool is formed (hard), please sample small amounts from each end and from the middle. Mix the contents of the tube with the scoop, then twist the cap tightly closed and shake vigorously until the contents are well mixed. One tube may not contain liquid.
4. Write your name, date of birth and the time and date of collection on each vial.
5. Place vials in the Ziploc bio-hazard bag and deliver to your laboratory within 24 hours.
6. If the specimen needs to be collected from a child in diapers, remove the diaper as soon as possible after the bowel movement. If the stool is liquid, you can line the diaper with plastic wrap or turn the diaper inside out so the stool is not absorbed into the diaper.