

CENTEGRA CLINICAL LABORATORIES
McHenry/Woodstock, Illinois

PATIENT INSTRUCTIONS

Test:

Post-Vasectomy
Semen Sample Collection

Use this Container:

Clean Glass or Hard Plastic
May obtain from the lab

SCHEDULE AN APPOINTMENT:

- All semen analyses are by appointment only. Appointments are available from 7:00am to 1:30 pm Monday through Saturday.
- To schedule an appointment, please phone:
McHenry Laboratory 815-759-4826 Woodstock Laboratory 815-334-3824
- Scheduling hours are Monday through Friday from 8:00am to 8:00pm.
- To facilitate specimen drop off and testing, please pre-register for your appointment by phoning Registration at 815/334-5566. Registration is required for each visit.

COLLECTION PROCEDURE:

Improper collection will cause inaccurate test results. Please follow these instructions carefully.

1. Collect the sample between 2 and 5 days after your last ejaculation. Prolonged abstinence or recent ejaculation will affect test results.
2. The specimen should be obtained via masturbation. Collections made in condoms will be rejected. Spermicides, lubricants and other contaminants are present in condoms that will affect test results.
3. The specimen may be collected at home.
4. On the scheduled day, deliver the sample directly to the lab within one hour of the collection time. Specimens received more than one hour after collection require recollection.
5. Please keep the specimen at body temperature during transport. The specimen could be placed in a shirt pocket or under your armpit to maintain this temperature.
6. Collect the specimen in either a glass or a hard plastic container. A hard plastic container may be obtained from the laboratory. Collections made in soft plastic, paper or in containers with wax will require recollection.
7. Collect the entire ejaculate.
8. Label the container with your name, and the date and time of collection.
9. Upon arrival at the Out Patient lab, you will be required to complete a short questionnaire about the sample collection. Answers obtained will assist the physician in the assessment of test results.
10. If you have any questions please call the hospital laboratory at the above number.