

CENTEGRA CLINICAL LABORATORIES
McHenry/Woodstock, Illinois

PATIENT INSTRUCTIONS

Test:

24 Hour Urine Collection

Use this Container:

**JUG provided by the laboratory
(with preservative if necessary)**

COLLECTION PROCEDURE:

1. The first urine (on the day of collection) must be discarded. Write the time of this void on the specimen container.
2. Collect all urine voids for the next 24 hours.
3. The final collection should be 24 hours after the first urine void. Write the time of last collection on the specimen container.

NOTE: If there is preservative in the container, **DO NOT** void directly into the 24 hour specimen container. Collect the urine specimen in a separate collection cup and pour into the 24 hour specimen container. Be sure the urine is not contaminated with feces.

4. The 24 hour specimen container should be refrigerated, or kept on ice during the collection period. Keep containers out of the reach of children.
5. Label the specimen container with the following:

Start Date:

End Date:

Start Time:

End Time:

Patient's Name:

Date of Birth:

Ordering Physician:

Test Name:

6. Return the 24 hour urine collection container to the laboratory within 24 hours of completion period.