

Collecting a Urine Specimen Using a U-Bag

Applying the Single Specimen U-Bag:

1. Separate the legs of the infant/child; clean the perineal area with enclosed towelette and allow to dry.
2. Remove the release paper from the lower half of the adhesive patch.
3. Stretch perineum to remove skin folds. Place the narrowest section of the exposed adhesive against the perineum.
 - a. In females, the perineum is the narrow bridge of skin between the vagina and the anus.
 - b. In males, the perineum is the skin between the scrotum and the anus.
4. Press the adhesive patch firmly against the skin to ensure proper adhesion.
5. Working outward from that point, smooth the rest of the exposed adhesive against the skin. Avoid wrinkles which can create channels for leakage.
6. Remove the release paper from the upper portion of the adhesive patch once the lower portion of the adhesive is securely in place. Working upward and outward, smooth the adhesive against the skin, pressing the adhesive firmly to avoid any wrinkles.
7. A diaper may be carefully applied over the collection bag while waiting for urine output.

Removing and Draining the U-Bag:

1. To remove the collector, start at the edge and gently peel the adhesive patch from the skin.
2. Tilt the bag so urine is away from the blue tab. Remove the tab and drain urine into the sterile cup.