



Phenylketonuria / Maple Syrup Urine Disease

Test Using Dried Blood Spots Instructions for Blood Collection on Filter Paper

Fill out blood spot card AND this sheet with: Patient Name, BIRTHDATE, and Draw Date/Time

Sample will be discarded if this information is not given

Directions:

Test your blood at the same time each time; always in the morning or always at night, and ideally 3-4 hours after eating or drinking anything.

- Fully fill in at least 2 circles but preferably all circles are filled.
- Put filter paper in plastic bag and then put the bag in the envelope.
- Mail the labeled card to the lab with this sheet.
- Don't forget to stamp the envelope.
- Contact your dietitian if you need more supplies

Example of labeled and completed sample			
Whatman 903TM [LOT] 7174520 W191			
Tuck Cover Here Date of birth			
Name Robert Guthrie			
Date 1/13/25, 9:03am			

Please indicate which test you would like:	Test Requested	CPT Code	ICD 10 Code
☐ Classical phenylketonuria (PKU)	DBS Phe/Tyr	82136	E70.0
☐ Hyperphenylalaninemia	DBS Phe/Tyr	82136	E70.1
☐ Maple syrup urine disease (MSUD)	DBS BCAA	82136	E71.0

Patient Information

Patient Name:	Physician Name, Address and Signature:
Patient Sex:	
Medical ID#: (if known)	
Date of Birth:	
Date of Collection:	
Time of Collection:	

No direct patient or Insurance billing for patients outside Children's National Hospital. Billing to clinic or hospital only.

Revised: 01/13/2025