

The Palmieri Laboratory for Metabolic & Advanced Diagnostics

Room 5NW55 Main

3401 Civic Center Blvd. Philadelphia, PA 19104 <u>Phone:</u> (215) 590-3394 <u>Fax:</u> 215-590-1998

Email: MetabolicLab@chop.edu

https://www.chop.edu/centers-programs/metabolic-and-advanced-diagnostics

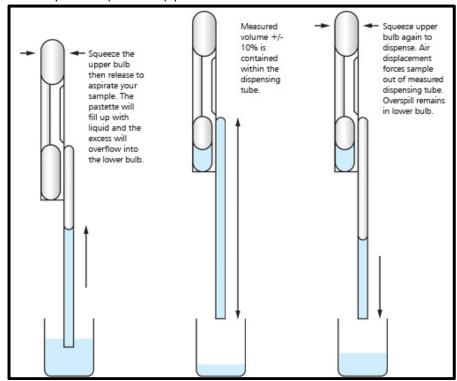
GLUTATHIONE SPECIMEN COLLECTION PROCEDURE

Kit Contents:

- 1-10mL polypropylene screwcap tube with 3.6 mL of 32mM N-Ethylmaleimide (NEM), 3.8% Sulfosalicylic Acid (SSA), 20% methanol (Please store tube at 4°C until ready to use)
- 1-ice pack
- 1-fixed volume (0.4 mL) dual bulb pastette
- 1-Biohazard Bag with absorbent paper
- Transport box
- Compact cooler
- Labels: UPS Return Label, Exempt Human Specimen, Biohazard, and Class 9 dry ice
- Forms: Specimen Collection Procedure, Metabolic Lab Requisition

Collection Instructions:

- 1. Collect 1 EDTA tube of whole blood sample from the patient. The preferred volume is 2 mL.
- 2. Within **2 hours** of collection, transfer the blood to the crash tube.
 - a. Use the pastette to transfer 0.4mL of EDTA blood following the diagram below.
 - b. You may need to prime the pipette several times to see blood start to collect in the lower bulb.



- 3. Dispense the measured 0.4mL of blood from the pastette into the crash tube. You will still have overspill blood remaining in the lower bulb of the pastette, this is expected.
- 4. Cap the tube and invert 6 times to mix well.
- 5. Allow the tube to sit for 15 minutes at room temperature for the reaction to occur.
- 6. Freeze the tube until transport and ship it to CHOP Metabolic and Advanced Diagnostics lab on dry ice. Use the provided labels to properly prepare the package for transport.