

UNLESS YOUR PHYSICIAN HAS INSTRUCTED YOU OTHERWISE:

1. Abstain from intercourse, masturbation or ejaculation for at least 48 hours, not more than seven (7) days, prior to date of specimen collection.
2. Obtain the semen specimen on the day of drop off to the hospital.
3. Collect the specimen into a clean, dry glass or plastic (sterile urine) container. CHMC will not accept any semen specimens collected and submitted in a condom. The only exception is specimens collected in a Male Pak Condom.
4. **Keep the specimen warm** by placing it next to your body and bring it to the Outpatient Laboratory Reception area within an hour of collection. Specimens are accepted Monday-Friday from 6:00 am – 6:00 pm. **No Sundays or Holidays.**
5. Bring the specimen directly to the Outpatient Laboratory Reception area at Crittenton Hospital Medical Center, ground floor. If you need to register, the Outpatient Laboratory Receptionist will direct you to Outpatient Registration after specimen drop off.
6. If you have any questions please telephone 248-652-5260 and ask for extension 2315.
7. You may obtain your results from your Doctor's Office in approximately 2 working days.

Please fill out the following questionnaire prior to specimen drop off and deliver this form to the receptionist with your specimen.

- a. _____ Full Analysis (for fertility) _____ Post-Vasectomy Analysis
- b. Date of Collection _____.
- c. Time of Collection _____.
- d. Days of abstinence from intercourse, masturbation or ejaculation _____.

