

## Tilmaamaha Uruurinta Baaritaanka Biyaha Ragga (Shahwada)

### **Waa maxay baaritaanka biyaha ragga (shahwada)?**

Baaritaankaan waxaa loo adeegsadaa inuu naga caawiyo aqoonsiga ciladaha taranka ee ragga iyo sidoo kale qaliinka shahwo xirista kadib.

### **Tilmaamo Gaar ah**

Ha samayn wax galmo la xiriira muddo 3 maalmood ah kahor maalinta biyaha (shahwada) lagaa qaadaayo.

### **Sidee ayaan u uruuriyaa sanbalka?**

- Ku qaad sanbalka adiga oo keliya siigeynsanaaya. Ha samayn galmo ama ha adeegsan kondhom.
- 1. Ku shub sanbalka koobka khafiifka ah ee lagu siiyay.
- 2. Ku qor magacaaga, taariikhda dhalashada, wakhtiga iyo taariikhda aad sanbalka ku qaaday koobka.
- 3. Ku qor koobka taariikhda aad markii ugu danbaysay galmo samaysay.
- 4. U keen sanbalka Hennepin Healthcare - Shaybaarka Xarunta Guud (Main Campus Laboratory) (Oo ku yaala Purple Building – Dabaqa 4<sup>aad</sup>) isla marka aad caaga ku qaado. (Hadday suuragal tahay, 1 saac gudaheed.)

### **Tilmaamo Muhiim ah:**

- Ha dhigin sanbalka shahwada meel qaboow (talaagad) ama meel aad u kulul (meel u dhow kulayliye).

**U keen sanbalka Hennepin Healthcare - Shaybaarka Xarunta Guud (Main Campus Laboratory) (Oo Purple Building – Dabaqa 4<sup>aad</sup>) 701 Park Avenue, Minneapolis, MN keliya.**

### **Waxaa la qabanayaa sanballada:**

**Isniinta – Jimcada 7:00 subaxnimo. - 2:00 galabnimo.**

*Sanballada lama qaban doono maalmaha Sabtida, Axada ama maalmaha fasaxa guud.*

Haddii aad qabto su'aalo, fadlan wac rugtaada daryeelka caafimaadka guud.

## Foomka Uruurinta Baaritaanka Biyaha Ragga (Shahwada)

Patient Label Here

**MUHIIM: Fadlan soo qaado warqada marka aad keenayso sanbalka**

Fadlan ka jawaab dhammaan su'aalaha soo socda:

Taariikhda Sanbalka la Qaaday: \_\_\_\_\_

Wakhtiga Rasmiga ah ee Sanbalka la Qaaday: \_\_\_\_\_ SUBAXNIMO GALABNIMO

Taariikhdi ugu Danbaysay ee Galmada: \_\_\_\_\_

Sanbalka miyuu la kulmay heerkull aad u kulul ama aad u qaboow:      HAA      MAYA

**LABORATORY USE ONLY:**

Date/Time Received in Laboratory: \_\_\_\_\_

Collection Container Type: Specimen Cup Other: \_\_\_\_\_

Volume: \_\_\_\_\_

WBC: \_\_\_\_\_

pH: \_\_\_\_\_

Temperature: \_\_\_\_\_