

Semen (Sperm) Analysis Collection Instructions

What is the semen (sperm) analysis test for?

This Semen (sperm) analysis test is used to help identify fertility issues in males. The Post Vasectomy Sperm Detection test is used following a vasectomy procedure.

Special Instructions

Do not have any type of sexual activity for 3 days before the day of semen (sperm) collection.

How do I collect the sample?

- Collect the sample by masturbation only. Do not use lubricants, have intercourse or use a condom.
- 1. Collect the sample in the sterile cup given to you.
- 2. Write your name, date of birth, time and date that you collected the sample on the cup.
- 3. Write the date you last had sex on the cup.
- 4. Bring the sample to the Hennepin Healthcare - Main Campus Laboratory (Located in the Purple Building – 4th Floor) right away after collection. (If possible, within 1 hour.)

Important Instructions:

- Do not put the semen sample in a place that is cold (refrigerator) or that is very warm (near a heater).

Bring the sample to the Hennepin Healthcare - Main Campus Laboratory (Purple Building – 4th Floor) 701 Park Avenue, Minneapolis, MN only.

Specimens accepted:

Monday – Friday 7:00 a.m. - 2:00 p.m.

Specimens will not be accepted on Saturdays, Sundays or major holidays.

If you have questions, please call your primary care clinic.

Semen (Sperm) Analysis Collection Form

Patient Label Here

IMPORTANT: Please bring the paper with you when dropping off sample

Please answer all following questions:

Date of Sample Collection: _____

Exact Time of Sample Collection: _____ AM PM

Last Date of Sexual Activity: _____

Did the sample encounter any extreme hot or cold temperatures: YES NO

LABORATORY USE ONLY:

Date/Time Received in Laboratory: _____

Collection Container Type: Specimen Cup Other: _____

Volume: _____

WBC: _____

pH: _____

Temperature: _____