



COVID-19 (novel coronavirus)

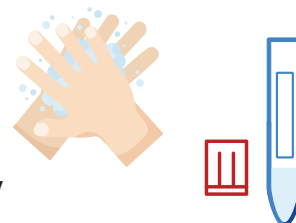
Saliva Self-Collection Testing Kit Instructions

Please do not eat, drink, chew gum, or smoke 30 minutes before collection.

1 Prepare for saliva collection

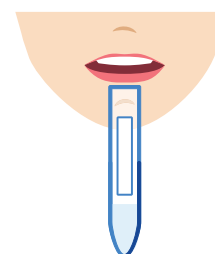
Clean your hands, then open the saliva collection package.

Remove the collection device from the packaging, being careful to **only touch the outside of the tube**. Carefully remove the cap from the vessel.



2 Fill the tube with saliva

Allow saliva to collect in mouth for 2-3 minutes. Place your lips gently on the vessel opening, and carefully drool saliva into the collection vessel. Repeat until 3 mL of liquid (not including bubbles) has been collected.



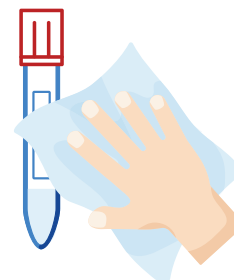
3 Recap the collection vessel

Screw on the cap **TIGHTLY** to ensure that your sample does not leak during transportation.



4 Wipe and give sample back to the caregiver

When the caregiver returns, wipe down the tube and packaging with an alcohol wipe and hand it back to the caregiver for labeling. Wash your hands as soon as possible.



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