



## **URINE COLLECTION GUIDELINES FOR MICROBIOLOGIC TESTING**

### **Materials supplied**

Urine culture collection device (sterile container)  
Biohazard transport bags.

### **Collection instructions:**

#### **A. Clean catch midstream urine (CCMS):**

- 1) Verify there is a packet of castile soap towelettes and either a BD Vacutainer® urine collection cup or other sterile urine collection container.
- 2) Do not touch the inside of the cup. Remove the cap and place it on the counter with the straw facing upwards. Do not touch the inside of the cap or straw. Do not remove the yellow label on top of the cup.
- 3) Open the towelettes and set aside.
- 4) Wash hands thoroughly with soap and water.
- 5) SKIN PREPARATION and COLLECTION:



#### **FEMALE INSTRUCTIONS:**

- Stand in a squatting position over the toilet. Separate the folds of skin around the urinary opening. Cleanse the area around the opening with the first towelette. Repeat using the second towelette.
- Void the first portion of the urine into the toilet.
- While continuing to void, place the collection cup into the midstream to collect the urine specimen. Do not touch the inside or tip of the cup with the hands or any other part of the body. Void remainder of the urine into the toilet.
- Replace the cap on the cup touching only the outside surfaces of the cap and cup. Screw the lid on tightly.

#### **MALE INSTRUCTIONS:**

- Cleanse the end of the penis with the first soap towelette beginning at the urethral opening and working away from it (the foreskin of an uncircumcised male must first be retracted). Repeat using the second clean towelette.
- Void the first portion of the urine into the toilet.
- While continuing to void, place the collection cup into the midstream to collect the urine specimen. Do not touch the inside or lip of the cup with the hands or any other part of the body. Void remainder of the urine into the toilet.
- Replace the cap on the cup touching only the outside surfaces of the cap and cup. Screw the lid on tightly.

NOTE: Never collect a urine specimen from a bedpan or urinal.