

Department of Pathology and Laboratory Medicine

Semen Collection Instructions

Come to the **Outpatient Laboratory, Ground floor,** at the **North Entrance** of the hospital to pick up the specimen cup before collecting the semen.

Collection Instructions

- 1. You are not to have **sexual relations or ejaculations for at least 2-7 days** before collecting the specimen.
- 2. Do not use a condom unless you are certain that it contains no spermicides or sperm inhibiting chemicals. The most satisfactory method for obtaining it is by masturbation directly into the container provided. You may be assured that such a single masturbation is not harmful in any way. Specimen collected with a condom must be placed into a screw-top container.
- 3. Immediately after collection, screw the lid firmly on the container. Write your name, social security number, date and time the specimen was collected on the container. The bottom of the form will be filled out once you arrive with the specimen.
- Immediately bring the specimen to the Outpatient Laboratory. <u>Testing must begin within one</u> <u>hour after collection</u>. Failure to examine the specimen within one hour may result in a misleading analysis.
- 5. During transportation do not agitate the container in any way. Avoid direct sunlight, extreme heat or cold. The sample can be kept warm by keeping the container close to the body.

IMPORTANT

Specimens will be accepted **daily from 7:00 a.m. – 3:00 p.m.** Please call **791-2401** if there are any questions.

Collection Time	Days abst	inent
Method of Collection	Masturbation	Other
Fertility (SEMF)	_Post Vas (SEMV)_	
Collection Problems		

Place Label Here

Interviewer (Tech Id)_____