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PATIENT INSTRUCTIONS FOR CLEAN CATCH URINE SPECIMENS

FOR FEMALES:

1. Wash hands thoroughly with soap and water.
2. Holding the labia apart, wash the entire area with an antiseptic towelette, wiping front to back.
3. Continue to spread the labia and start to urinate directly into the toilet.
4. Stop and position the container. Begin urinating again into the container. Do not touch the container to the genital area.
5. Do not fill the cup completely to the top.
6. Replace the lid on the cup and set the cup inside the silver door in the wall behind you.
7. Please inform the tech if you are menstruating.

FOR MALES:

1. Wash hands thoroughly with soap and water.
2. Retract the foreskin, if present.
3. Completely wash the tip of the penis, around the urethral opening with the antiseptic towelette.
4. Start to urinate directly into the toilet.
5. Stop and position the container, then begin urinating again into the container. Do not touch the container to the genital area.
6. Do not fill the cup completely to the top.
7. Replace the lid on the cup and set the cup inside the silver door in the wall behind you.