**Post Vasectomy Semen Collection Instructions**

* It is recommended that a post-vasectomy semen analysis be performed 8 -16 weeks after the vasectomy per your physician’s instructions.
* Do not use lubricants or other contaminants (such as saliva) for collection. No regular condoms or coitus interruptus (vaginal withdrawal before ejaculation) should be used for collection.
* Collect the whole sample by masturbation directly into a clean, dry container with a secure lid. Since traces of detergent or other material may affect the sperm and result in an abnormal result, it is best to use a sterile container provided by the laboratory. Do not collect the specimen in a condom during intercourse, since spermicides in the condom will kill the sperm.
* Label the container with patient’s name, date of birth, date and time of collection, and specimen complete or specimen incomplete.
* Keep the specimen warm, close to body temperature, from the time of collection to time of delivery to the office or laboratory. To maintain this temperature the patient is advised to keep the specimen close to the body.
* Deliver the specimen to the office or laboratory promptly, best within **1 hour** after collection.