

Catheter Urine Collection Guidelines

Urine from a Foley Catheter:

NOTE: If foley present 14 days or greater and not inserted by urology, contact physician to change foley catheter prior to collecting sample.

- 1. Hand hygiene will be done before and after any manipulation of the catheter site or apparatus.
- 2. Clean specimen port with alcohol before withdrawing urine.
- 3. Use only sterile, needleless syringe for urine withdrawal or sterile urine collection device. A transfer device may be used.
- 4. Clamp foley above catheter/tubing junction for no more than 10 minutes prior to specimen collection, if necessary.

<u>Urine by Straight Catheterization</u>:

1. Allow a small amount of urine to drain from catheter before collecting in clean cup/tube.

Follow the urine collection system guidelines for adding urine to correct tubes before sending to the laboratory.

Sample should be returned to the laboratory as soon as possible. If immediate delivery is not possible, please contact the laboratory at (816)691-1300 to determine available options.

*Note: Urine testing for Chlamydia/Gonorrhea requires a different collection method. Please see Microbiology Specimen Guidelines for additional information.