# NKC Health Viral Testing Addendum

#### SARS-CoV-2 PCR and Influenza A/B and RSV PCR, NKCH 60 minute TAT

- Preferred test to confirm influenza and/or respiratory syncytial virus (RSV) and/or CoVid19 in patients.
- Requires nasopharyngeal swab in transport media
  - Indications for Testing:
    - At-risk patients with influenza/respiratory like symptoms
    - At-risk patients with RSV symptoms (especially infants and children<6 yrs)
  - Occurrence
    - CoVid19- year round
    - > Influenza/RSV- Winter months

#### Respiratory Pathogen Panel (PCR) (includes SARS CoV2), NKCH 2 hour TAT

- Test only if clinical management will be changed
- Requires nasopharyngeal swab in transport media
  - Indications for Testing:
    - Symptoms of severe infection of lower respiratory tract
    - Individuals with chronic cardiac or pulmonary disease, immunocompromised state, or the elderly are at greatest risk for serious complications from LRTI
    - Occurrence
      - Year round
- > Test detects Adenovirus, Coronavirus 229E,HKU1,NL63, OC43, (SARS-CoV-2), Human Metapneumovirus, Human Rhinovirus/Enterovirus, Influenza A (H1/H3/2009H1), Influenza B, Parainfluenza 1,2,3,4 Respiratory Syncytial Virus, Bordetella parapertussis & pertussis, Chlamydia pneumoniae, Mycoplasma pneumoniae

### Respiratory Virus Mini Panel by RT-PCR, ARUP 3 day TAT

- Detects Influenza A/B, RSV in (BAL), nasal wash/swab, or pleural fluid
- Not the preferred test

## Viral Culture Respiratory, ARUP 14 day TAT

- Detects several common respiratory viruses in (BAL), NP aspirate/swab, tracheal aspirate, sputum, throat, lung tissue
- Not the preferred test
- Molecular testing methods are more sensitive than this test.

## Encephalitis Panel CSF, NKCH 2 hour TAT

- Molecular testing by PCR is recommended for CSF Diagnosis
  - · Indications for Testing
    - Meningitis or Encephalitis
  - Occurrence
    - Infections occur throughout the year
- Test detects CMV, Enterovirus, HSV1, HSV2, HHV6, Hparechovirus, VZV, E.coli, H.influenzae, Listeria, N.meningitidis (encapsulated), Strep B, Strep pneumo, Cruptococcus

Refer to the NKCH Laboratory Test Directory for a complete list of tests https://www.testmenu.com/nkch

06/2025 Reference: https://arupconsult.com