



Patient Collection Information



Collection of a Specimen for a 24 Hour Urine

Your physician has requested that you collect a 24 Hour Urine specimen. Please visit any of our laboratories to receive a 24 hour urine jug and a “hat.” On the urine jug please write your full name, date of birth, height, and weight.

1. You can start to collect your sample any time you choose. To start the test empty your bladder in the toilet and discard the specimen.
2. After you discard your first specimen keep all of your other urine specimens. You should use the “hat” (this sits in between the toilet seat and lid) to collect all of your specimens.
3. After you collect your specimen in the “hat” it can then be transferred to your 24 hour urine jug. This jug should be kept refrigerated until you are ready to bring it to the Laboratory.
4. When your 24 hour collection is complete (*Example:* 8am Day 1 to 8 am Day 2) you should empty the rest of your bladder in an attempt to collect whatever is left. Even if you do not feel an urge to urinate you should still try.
5. Specimens need to be brought to any of our sites promptly. Please do not just drop off your specimen and leave, sometimes your blood needs to be drawn after collection.
6. If you have any questions please feel free to call the Laboratory at the numbers provided.

**St. Rita's Medical Center
Outpatient Express**
730 W. Market Street
Lima, OH 45801
Phone: 419-226-9035

Medical Office Building 4
750 W. High Street
Lima, OH 45801
Phone: 419-226-9021

East Side Urgent Care
967 Bellefontaine Ave.
Lima, OH 45804
419-96-5895

West Side Urgent Care
2195 Allentown Rd.
Lima, OH 45805
419-227-2245

**Delphos Ambulatory
Care Center**
1800 E. Fifth St.
Delphos, OH 45833
419-996-5030

**Putnam County Ambulatory
Care Center**
601 St. Route 224
Glandorf, OH 45848
419-538-7762

Please Fill out the Following Information:

1. Patient Name: _____
2. Patient Date of Birth: _____
3. Time of Collection: _____
4. Method of collection: _____

Thank you for choosing New Vision Medical Laboratories.