

Laboratory Diagnostic Committee Process for Send-Out Testing

MEDICINE *of* THE HIGHEST ORDER



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ROCHESTER
MEDICAL CENTER

Laboratory Diagnostics Committee (LDC)

Membership:

- UR Medicine Labs physicians and clinical laboratory scientists considered experts in their fields.
- Clinical subspecialties with high test utilization are represented. (Endocrinology, Genetics, Infectious Disease, GI, Neurology, OB/GYN, Oncology, etc.)

Committee Actions:

- Review individual requests for reference tests that are of unclear, controversial, or poorly proven clinical value (Off-Formulary).
- Periodically review reference laboratory test menu and reference test ordering patterns.
- Continually review assignment of reference tests to restricted categories.
- Supports a policy that maximizing clinical utility of reference testing within the constraints of healthcare costs.

LDC Reference Test Policy

Purpose: To establish guidelines for ordering restricted tests.

Tier 1 (Unrestricted)

Tests available to all providers

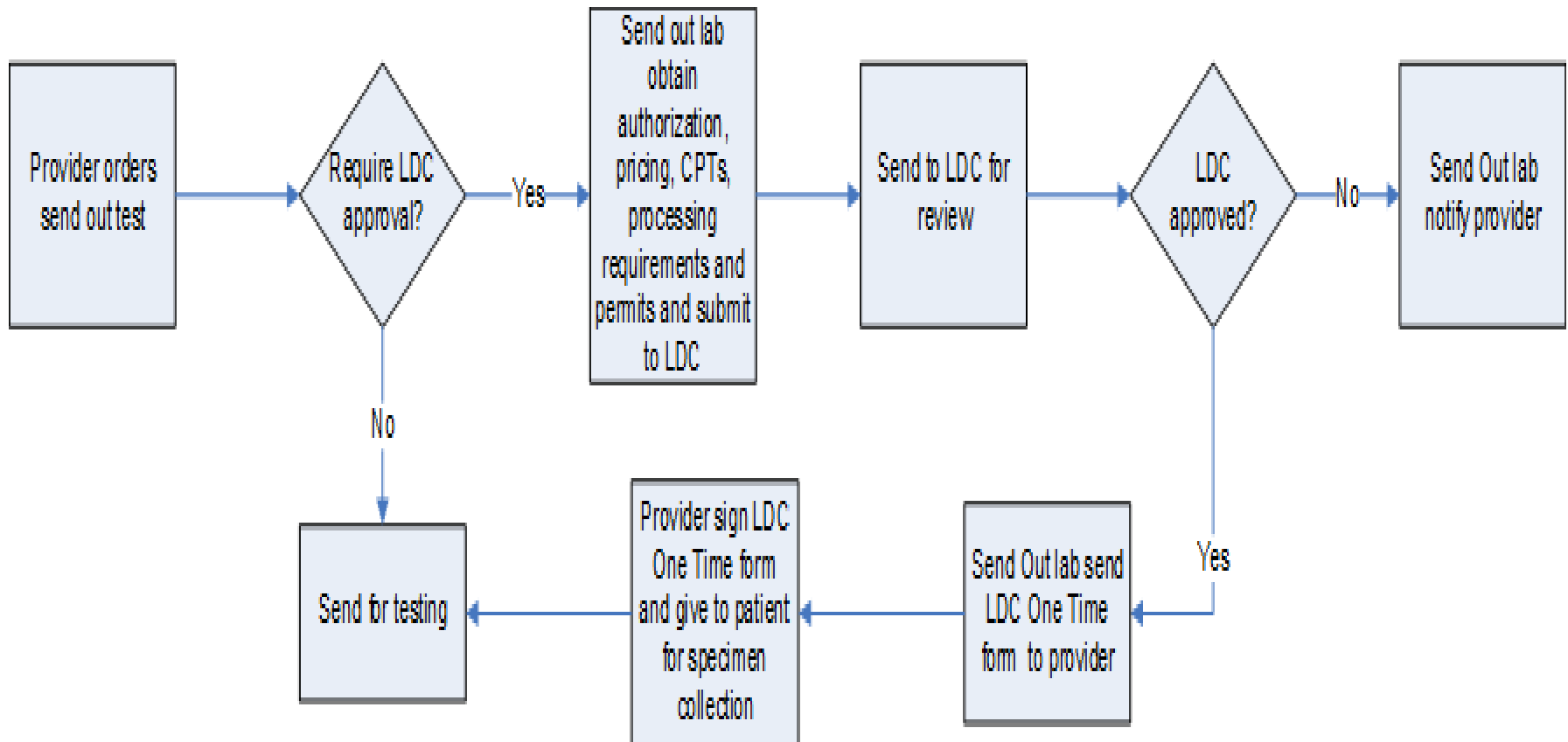
Tier 2 (Restricted)

Tests restricted to board-certified, subspecialty-trained physicians holding Medical Staff Privileges at Strong Memorial or Highland Hospitals

Tier 3 (Off Formulary)

Testing not available due to unclear, controversial, or poorly proven clinical value. LDC approval needed to order test

Processing a Send-Out Laboratory Test Request



Tier II – Restricted Reference Lab Testing

Restricted tests are identified in the Test Index/Formulary. These tests can be ordered by board-certified, subspecialty-trained providers holding Medical Staff Privileges at Strong Memorial or Highland Hospital **without** preapproval.

- Physicians must request to be added to the list of providers approved to order Tier II Restricted tests. If you are a board-certified, subspecialty-trained provider holding Medical Staff Privileges at Strong Memorial or Highland Hospital and would like to be added to the approval list send an e-mail to LaboratoryDiagnosticsCommittee@urmc.Rochester.edu stating that you would like to be added to the Restricted Send-Out list.
- Once added to the approval list, the provider will have access to restricted reference lab tests in eRecord.
- Fellows, Residents and Genetic Counselors are not authorized to order Restricted and Off-Formulary tests.

Test Index "Restricted Test" notice



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✕ Find a Test...

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11 Deoxycortisol Quantitative by HPLC-MS/MS "RESTRICTED TEST"

11DEC

Specimen Requirements

Testing

Result Interpretation

Coding

URM Labs Internal

Test Build

Important Information

Lab Section

Send-Out Lab

Restricted Test Information

RESTRICTED TEST: This test is restricted to board-certified, subspecialty trained physicians with Staff Privileges at Strong Memorial Hospital, Highland Hospital or F.F. Thompson Hospital. For exceptions: Please refer to the LDC Appeal Process.

Collection Instructions

Deliver on ice

Collect

Serum separator tube. Also acceptable: Plain red, pink (K₂EDTA), plasma separator tube, green (sodium heparin), or green (lithium heparin).

Specimen Preparation

Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.3 mL)

Storage/Transport Temperature

Tier III – Off-Formulary Reference Lab Testing

URMC Provider **Off-Formulary** requests will be reviewed by the LDC, frequently consulting with a sub-specialty expert. A decision (approved/ not approved) will be emailed to the requester.

- Off-Formulary requests are made by filling out the **One Time Authorization Web Form**: [LDC One Time Authorization Web Form](#)
- **Please note:** There are several required fields in the LDC One Time Authorization Web Form. In the Explanation field, strong clinical justification is essential.
- For requests that are not approved, an explanation for the LDC's decision will be provided.