ARUP LABORATORIES
A nonprofit enterprise of the University of Utah and its Department of Pathology

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THIS IS NOT A TEST REQUEST FORM. Please complete and submit with the test request form or electronic packing list.

MATERNAL SERUM TESTING PATIENT HISTORY FORM

Patient Name: ____________________ **Date of Birth:** ____________________

Client Number: ____________________ **Specimen Collection Date:** ____________________

Physician: ____________________ **Physician's Phone:** ____________________

Genetic Counselor: ____________________ **Counselor's Phone:** ____________________

Patient's weight ____________lbs OR ____________kgs

Due date (EDC) ____________________ Determined by: ☐ last menstrual period, confirmed by ultrasound
☐ last menstrual period date:____________________
☐ ultrasound

Number of fetuses?
☐ Singleton ☐ Twins ☐ Unknown For twins, is pregnancy monochorionic? ☐ No ☐ Yes ☐ Unknown

Patient's race?
☐ Non-Black ☐ Black ☐ Unknown

Did the patient have insulin-dependent diabetes at time of conception?
☐ No ☐ Yes

Does the patient currently smoke cigarettes?
☐ No ☐ Yes

Has the patient taken valproic acid or carbamazepine during this pregnancy?
☐ No ☐ Yes; specify medication:____________________

Has the patient had a previous pregnancy with trisomy? (i.e., Down syndrome, trisomy 18 or 13)
☐ No ☐ Yes; specify abnormality:____________________

Is there a family history of neural tube defects? (i.e., spina bifida, anencephaly, encephalocele)
☐ No ☐ Yes; specify the relationship of the affected individual to the fetus:____________________

Is this an in vitro fertilization pregnancy?
☐ No ☐ Yes; specify the age of the egg donor, if used: __________years

Has the patient had a previous maternal serum screen in this pregnancy?
☐ No ☐ Yes ☐ Unknown

Additional Information (required for the First Trimester, Integrated, or Sequential screens only)

Ultrasound date: ____________________ **ALL TESTS: Obtain NT when CRL is 38–83.9 mm**

Sonographer's Name: ____________________ FMF or NTQR Certification # ____________________

Reading MD Name: ____________________ FMF or NTQR Certification # ____________________

CRL (mm):__________ NT (mm):__________ Twin B CRL (mm): __________ Twin B NT (mm): __________

Select the test you intend to order.

☐ **3000143 Maternal Serum Screen, Quad**

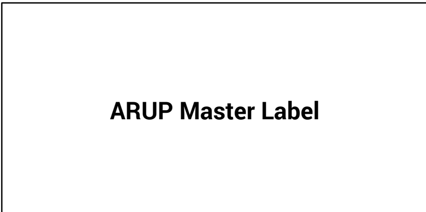
☐ **3000144 Maternal Serum Screen, AFP**

☐ **3000145 Maternal Serum Screen, First Trimester**

☐ **3000146 Maternal Serum Screen, Sequential, Specimen 1**

☐ **3000147 Maternal Serum Screen, Integrated, Specimen 1**

Perform blood draws when CRL is within the appropriate range:
Integrated 1: CRL 32.4–83.9 mm
Sequential 1: CRL 43–83.9 mm
First Trimester: CRL 43–83.9 mm



For questions, contact an ARUP genetic counselor at 800-242-2787 ext. 2141