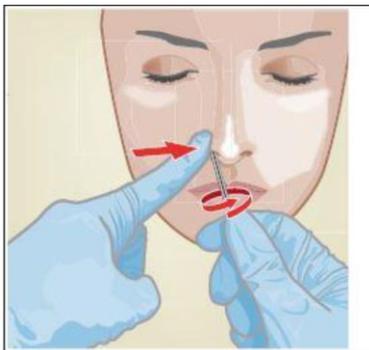


## Patient Instructions for Nasal Swab Collection for SARS-CoV-2 Testing (COVID-19)

1. Insert a swab into a nostril (1-1.5 cm which is about a ½ inch). Rotate the swab inside of the nostril for 10-15 seconds while applying pressure with a finger to the outside of the nostril being swabbed.



2. Remove swab from first nostril and place same swab in second nostril. Do not touch the swab tip to anything but the inside of the nostril. Rotate the swab inside of the second nostril for 10-15 seconds while applying pressure with a finger to the outside of the nostril being swabbed.



3. Remove and place the swab into the tube containing the transport medium.
4. Break swab at the indicated break line and cap the specimen tightly
5. Hand specimen to St. Elizabeth associate.