

24 Hour Urine Specimen Collection

Collection Instructions:

1. Label container with:
 - Patient Name
 - Date of Birth
 - Start Collection Date and Time
 - End Collection Date and Time (the last time your collected a sample)
2. Void the first urine and flush the sample. All urine after this urine will be collected.
3. Place collection container on the bowl of the toilet, under the seat.
4. After sample has been obtained, pour the urine into the 24 hour container.
5. Specimen must be refrigerated or kept in a container of ice to avoid bacteria growth and sample degradation which can cause inaccurate results.
6. For 24 hours, repeat steps 4 through 6 to collect all urine.
7. The last sample should be the first morning urine at the end of the 24 hour period.
8. Deliver specimen to St Peter's Main Lab within 24 hours of collection for accurate results.
9. Bring any paper orders the doctor gave you.

St Pete's Main Lab Directions:

1. Enter St. Peter's Hospital through Emergency Room entrance.
2. Walk straight past registration desks and through the double doors.
3. Lab is the first door on the left after the tile changes to carpet at the double doors. Look for BIO-HAZARD sign on door
4. Please ring doorbell and someone will be with you to receive your sample.

If you have any questions, please call St Peter's Main Lab at 406-447-2950.