## **Sputum Sample Patient Collection Instruction**

## **Provider Office:**

Please provide the patient with a sterile cup and this instruction sheet.

## **Patient Collection Instructions:**

- 1. The best samples should be collected upon rising in the morning.
- 2. Rinse mouth thoroughly with water.
- 3. Cough deeply and deposit the sample in the sterile container provided, being careful not to get saliva mixed with the specimen.
- 4. Screw cap tightly onto container
- 5. Label container with your name, date and time of collection.
- 6. Specimen should be received in the lab within two hours of collection.
- 7. With multiple samples, please bring each to the Lab within two hours of collection.
- 8. If specimen does not contain sputum, you may be asked to recollect.

## St Pete's Main Lab Directions:

- Enter St. Peters Hospital through Emergency Room entrance. (SEE MAP ON BACK)
- 2. Walk straight past registration desks and through the double doors.
- 3. Lab is the first door on the left after the tile changes to carpet at the double doors. Look for BIO-HAZARD sign on door
- 4. Please ring doorbell and someone will be with you to receive your sample.

If you have any questions, please call St Pete's Main Lab at 406-447-2950.

We are here every minute of every day for you.