TriHealth Laboratory Services

Patient information- Nares Self-Swab for MRSA

(LAB3523 MRSA PCR or LAB4171 Upper Respiratory Culture)

1. Blow your nose to remove excess mucous that may interfere with the test. Wash your hands with soap and water.

2. Open the ESWAB packet and remove the swab. Don't touch the soft tip of the swab with your hands or other surfaces.

3. Position your head slightly back, insert the swab into the LEFT nostril and gently push the swab until a slight resistance is met (less than one inch).

4. When the swab is in place, rotate in a circular motion for 3-5 seconds. Remove the swab and repeat collection on the RIGHT nostril.

5. Remove the swab from the 2nd nostril and carefully put it into the ESWAB tube. Snap off the swab at the scored area (weak point halfway down the swab). Do not break the swab at any other place.

6. Discard the broken part of the swab. Make sure the lid is screwed on tight so it does not leak.

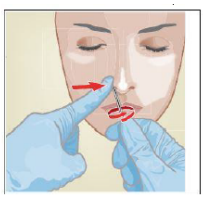
7. Label the tube with your full name, date of birth, date, time of collection and swab site (nares).

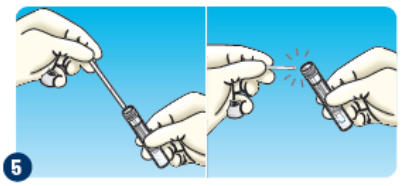
8. Wash your hands and return labelled tube in the biohazard bag provided to the laboratory.

Wash hands with soap and water and don personal protective equipment.

1

Remove the swab from its packaging, holding by the end of the applicator and identify the breaking point.





5

While holding the swab, remove the cap from the tube.

- Insert the swab into the tube until the breakpoint is level with the tube opening.
- Bend the swab shaft at a 180 degrees angle to break it off at the breaking point. You may need to gently rotate the swab shaft to complete the breakage.

7

Screw the cap back onto the tube and apply patient identification label or write patient information on the tube label.

Wash hands with soap and water.

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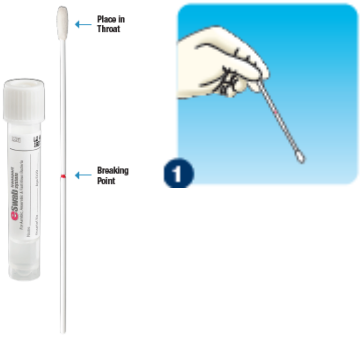
TriHealth Laboratory Services

Patient Information- Nares Self-Swab for MRSA (Spanish)
Información del paciente - Autotoma de muestra nasal para MRSA

(LAB3523 MRSA PCR o LAB4171 Cultivo del tracto respiratorio superior)

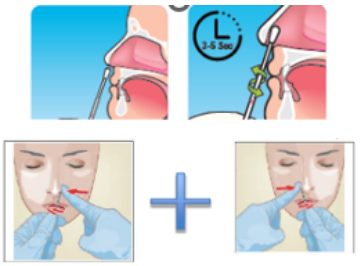
1.Suénese la nariz para eliminar el exceso de mucosidad que pueda interferir con la prueba. Lávese las manos con agua y jabón.

2.Abra el paquete de ESWAB y saque el hisopo. No toque la punta suave del hisopo con las manos u otras superficies.



3.Incline ligeramente la cabeza hacia atrás, inserte el hisopo en la fosa nasal IZQUIERDA y empuje suavemente hasta que sienta una ligera resistencia (menos de una pulgada).

4.Cuando el hisopo esté en su lugar, gírelo en un movimiento circular durante 3-5 segundos. Retire el hisopo y repita la toma de muestra en la fosa nasal DERECHA.



5.Retire el hisopo de la segunda fosa nasal y colóquelo cuidadosamente dentro del tubo ESWAB. Rompa el hisopo en el área marcada (punto débil a mitad del hisopo). No lo rompa en ningún otro lugar.

6.Deseche la parte rota del hisopo. Asegúrese de que la tapa esté bien cerrada para que no haya fugas.

7.Etiquete el tubo con su nombre completo, fecha de nacimiento, fecha, hora de la toma de muestra y lugar de la toma (fosas nasales).

8.Lávese las manos y devuelva el tubo etiquetado en la bolsa de bioseguridad proporcionada al laboratorio.

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