INSTRUCTIONS for STOOL COLLECTION for LAB TESTING

Step 1: IMPORTANT:

Read and follow all instructions *carefully*. Proper use of this kit will assist the laboratory in obtaining accurate results. Collect the sample as soon as possible after receiving your collection supplies.

Step 2:

This kit consists of 1,2,3 or more vials, some or all of the vials containing liquid. The solutions in the vials are **poisonous**. Do NOT drink. Keep OUT of reach of children.



Step 3:

Antidote: In case of skin or eye contact, flush with water for 15 minutes. If irritation persists, or if ingested or inhaled, call a physician and or Poison Control (1-800-222-1222) immediately.







<u>Step 4</u>:

Do NOT use a laxative for 10 days before collecting the sample. Collect the specimen in a clean, dry wide mouthed container, or bedpan. If container is not available, place a large plastic bag or plastic wrap over the toilet seat opening and pass some stool into this.



Step 5:

Do NOT pass the specimen into the toilet.
Do NOT urinate on the specimen.
Do NOT pass the specimen directly into vial.
Do NOT place toilet paper into vial.



Step 6:

Use the spoon built into the vial cap or the wooden stick (if provided) to transfer small samples from areas that appear bloody, slimy or watery. If the specimen is firm, take samples from both ends and the middle. Continue adding samples until the liquid level in each vial reaches the red fill line.



Step 7:

Mix the content of each vial with the spoon or stick. Recap the vial, making sure the lid is tight. Shake the vial until the contents are well mixed.



Step 8:

If an empty white capped vial is provided, fill with sample as directed and recap. Do NOT mix or shake the contents. Place the white capped vial in refrigerator until brought to lab or doctor's office.



Step 9:

Label each vial at the time specimen is collected by writing on each label:

- patient last name, first name
- birth date
- date/time specimen collected

Return vials to doctor or lab within 2-hours of collection for recovery of organisms that might be making you sick.



Step 10: Wash hands thoroughly with soap and water after use.

Questions? Call (513) 862-3291 To speak to someone in TriHealth's Outpatient Lab

After hours, call 513-862-5701, option 4)