

## Stool Collection Guide

**Please write NAME, DOB,  
collected DATE AND TIME on all  
samples**

**GI (Gastrointestinal) Panel  
C. Difficile Diagnostic Test  
Viral Gastrointestinal Panel**

CONTAINER – Cary Blair C&S medium (Yellow top, red liquid)  
COLLECTION – Transfer a portion of stool from collection container to C&S medium vial, up to the red fill line. Do not discard the red liquid in the vial. Mix specimen and preservative thoroughly. Tighten lid.  
RETURN – Must be returned to the lab immediately, no later than 24 hours after collection.



**Helicobacter Pylori Antigen, Fecal by EIA  
Calprotectin  
Pancreatic Elastase**

CONTAINER – Sterile Cup  
COLLECTION – Collect at least 4 grams of stool. Make sure lid is securely tightened.  
RETURN – **Must be placed on ice** and returned to the lab within 3 days (72 hrs.) of collection.



**Helminth OVA & LARVA (O&P) Test**

CONTAINER – Ova and Parasite vials (Para-Paks)  
Optimal collection is three separate stool specimens within a 7-10 day period.  
COLLECTION – Transfer a portion of stool from collection container to each vial in the Para-Pak kit. Do not discard the liquid in each vial prior to filling. Only fill to the fill line and thoroughly mix the specimen.  
RETURN – Must be returned to the lab within 3 days (72 hrs.) of collection.



\*3 day collection kits will need to be 24 hour apart\*

**Stool Culture & E.coli SHIGA-LIKE TOXIN by EIA**

CONTAINER – Cary Blair C&S medium (Yellow top, red liquid)  
COLLECTION – Scoop stool into the container until the liquid reaches the red line on the label. Secure lid and gently shake to mix specimen.  
RETURN – **Must be placed on ice** and returned to the lab within 1 day (24 hrs.) of collection.

