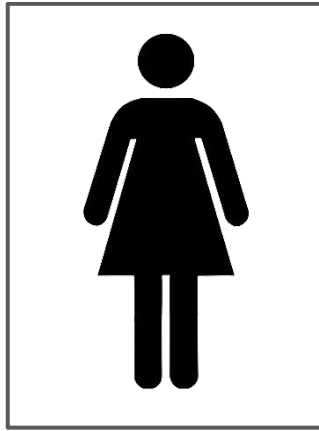


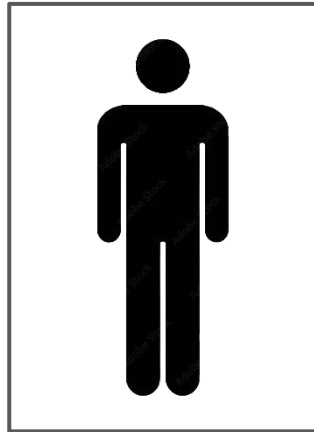
RANDOM URINE COLLECTION-CLEAN CATCH



Urine Collection Technique for Women

- Wash hands thoroughly with soap and water.
- If you are menstruating, notify lab employee so that it can be documented.
- Separate the skin folds around the urinary opening for collection.
- Open the towelette packet and wash the urinary opening and the surrounding areas from front to back. Discard the cloth in the waste basket.
- Void into toilet for a few seconds and then stop. Wait until the urine stream is well established before stopping.
- Place the empty container into the path of the stream.
- Restart the urine stream and collect in sterile container to catch the middle portion of your urine flow.
- Tightly screw the cap on the container and avoid touching inside of container.
- Make sure the container is labeled with your name and date of birth.
- Return the collected urine sample to a lab employee or to the designated area.
- If you have any questions, feel free to ask any laboratory employee.

RANDOM URINE COLLECTION-CLEAN CATCH



Urine Collection Technique for Men

- Wash hands thoroughly with soap and water.
- If necessary, retract foreskin away from urinary tract opening.
- Use towelettes to clean tip of penis, including the urethral opening.
- Discard the cloth(s) in the waste basket.
- Void into toilet for a few seconds and then stop. Wait until the urine stream is well established before stopping.
- Place the empty container into the path of the stream.
- Restart the urine stream and collect in sterile container to catch the middle portion of your urine flow.
- Tightly screw the cap on the container and avoid touching inside of container.
- Make sure the container is labeled with your name and date of birth.
- Return the collected urine sample to a lab employee or to the designated area.
- If you have any questions, feel free to ask any laboratory employee.